ABC's Good Morning America 09/23/25 7:01:04 a.m. [TEASE]

8 seconds

[ON-SCREEN HEADLINE: One-on-One; Kamala Harris Live in Studio]

MICHAEL STRAHAN: Former Vice President Kamala Harris is here live, talking about her 107 days running for president in 2024.

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8:00:30 a.m. [TEASE]

20 seconds

[ON-SCREEN HEADLINE: Kamala Harris Live; New Book "107 Days"]

STRAHAN: Former Vice President Kamala Harris is live in studio, on her new book, *107 Days*. This morning, why she really thinks she lost the presidential election, what Joe Biden said to her moments before her debate with President Trump that left her "angry and disappointed," and if she will run again in 2028.

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8:02:25 a.m. [TEASE]

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[ON-SCREEN HEADLINE: 8:11; Kamala Harris Live in Studio]

STRAHAN: Coming up on our GMA morning menu, former Vice President Kamala Harris is here to talk about her new book *107 Days* about her campaign for president.

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8:13:34 a.m.

11 minutes and 32 seconds

[ON-SCREEN HEADLINE: One-on-One With Kamala Harris]

STRAHAN: We're joined now by former Vice President Kamala Harris, who has a new book out called *107 Days*. That is a nearly day by day account of her run for president, and the 2024 campaign. Vice President Harris, thank you for joining us this morning.

KAMALA HARRIS: Thank you, Michael. It's good to be with you.

STRAHAN: Great to be with you. And we're gonna — we're just gonna dive right into it.

HARRIS: Okay.

STRAHAN: Everyone seems to have their own theory. But why do you feel or believe you lost the 2024 presidential election?

HARRIS: Well, I talk about a lot of the factors I think contributed to the outcome, but the reason I wrote the book is — Michael, it really was an unprecedented election. You think about it, a sitting vice president running for reelection, three and a half months before the election, decides not to run. The sitting vice president then takes up the mantle, running against a former president of the United States who had been running for ten years with 107 days to go. It's unprecedented. It was the closest presidential election in the 21st century. And, as history writes about that election, I felt very strongly that I wanted to make sure my voice was present in how that election is — is discussed and covered as part of American history. I wanted to make sure my voice would be a part of that.

STRAHAN: So, do you believe 107 days was enough? Of course you wish you had more time, but do you think it was enough? If not correct, you think any other Democrat could have pulled it off in 107 days?

HARRIS: It was not enough. I can't predict the outcome. We have lots of stars in our party. I'm sure there's many people who would've done a great job. I can't predict what the outcome would have been.

STRAHAN: Well, how do you — there's some Democrats who said that you don't take enough responsibility for the loss. Do you respond to that?

HARRIS: I — as I've said many times in different ways in the book, the buck stopped with me and I'm clear about that. I'm clear about that. There was so many factors. One of the aspects about the 107 days I think is important to remember as we go forward is that we have an individual in the White House, President Trump, who in running for reelection made a lot of promises to the American people that he did not keep. I talk extensively about the fact he said his main reason for running, and on day one he was going to bring down prices. And I do believe a lot of people voted for him with that priority in mind. And look at where we are today. Inflation is up, the cost of food is up, unemployment is up. He did not keep that promise to the American people. And we also need to remember those 107 days around some other stuff that he said. Mass deportations. That he would weaponize the Department of Justice against his political enemies. That he would silence critics. And he has done that consistently. Mass deportations, you know, somebody told me recently a story about a fellow they were talking with who was a big supporter of President Trump when he was running. He is a Floridian, Cuban descent. And he shared the story of how his life partner, his wife, is now in deportations proceedings to be sent to Sudan. And when I asked what — what happened, why did you have so much support from

him? He said, well, I believed what he said. That he was only going to go after criminals. Part of the reason that I've written this book is for us to remember that there is somebody in the White House right now that made a whole lot of promises, that were either about what would aggrandize and help him let out his vengeance, or about lies he told the American people that he obviously never intended to keep.

STRAHAN: And let's talk about someone who was in the White House with you, President Biden. He believed, he insists, that he would have won that race. So, when you hear him say that, how does that make you feel?

HARRIS: I think that the reality of it is that, for me, I'm not going to predict what didn't happen. [LAUGHS] The reality is — and listen, I talk about how difficult January 6 was for me of 2024. Not to mention 2020.

STRAHAN: Yep.

HARRIS: When I fulfilled my constitutional duty and responsibility as vice president of the United States, and president of the United States Senate, to stand there as the former Democratic nominee for president and certify the election. Because I believe it very strongly that in spite of all of the other nonsense that might be coming out of my former opponent, I was not about to degrade the role of Vice President of the United States around acknowledging a free and fair election, in the peaceful transfer of power, which is part of the hallmark of who we have presented ourselves to be as the United States of America.

STRAHAN: You said in the book that is the hardest thing you had to do.

HARRIS: It's one of the hardest things I've ever had to do, Michael.

STRAHAN: So many people felt that President Biden should not have run for reelection. And he wrote in the book that it was "Joe and Jill's decision and other Democrats decided it was Joe and Jill's decision." But do you regret not voicing your opinion in that moment?

HARRIS: Yes. And I actually have reflected on that and written about that.

STRAHAN: Wouldn't have mattered if you did?

HARRIS: I don't know. I don't know, but I can only take responsibility for myself.

STRAHAN: Mmhmm

HARRIS: And on reflection — you know, and I talk about it in the context of asking the question of myself, was that grace to not bring it up to him was it reckless? And on my part, I do reflect on that and feel that it was a recklessness about not raising it with him. I talk about what was going through my head, right? What was going through my head to not bring it up is that it

would come off as being very self-serving, and therefore maybe lacked the credibility that it deserved, but I do think about it. I do think about it. And I also say, though, and I speak extensively about this, my concern about him running for reelection was completely separate from my admiration —

STRAHAN: Mmhmm.

HARRIS: — and knowledge about his capacity to serve as president of the United States. Which was consistent and never wavered.

STRAHAN: When we sit here today, do you think he would've been up for running the country for four more years?

HARRIS: Here's the distinction I make, and having had the experience myself. It is one thing to have the capacity to govern. It is another thing to go through an election for president of the United States. So, you are an athlete, and you may appreciate this kind of metaphor. Running for president of the United States is like being in a marathon at a sprinter's pace, with people throwing tomatoes at you every step you take. It is not for the lighthearted and it takes an incredible amount of endurance and stamina and could you imagine doing it while you are also carrying literally the weight of the world as being president of the United States? So, the distinction I make about capacity to be president, and what that election would require and that campaign, especially running against Donald Trump.

STRAHAN: Running against Trump, you had that big debate we all watched. And you said leading up to that debate, you got a call the day of. The call came from President Biden to let you know he was angry and disappointed. What did he say to you?

HARRIS: So, he called me, and again, listen, this book — I'm being candid in this book about the behind-the-scenes what happened. In a way that I hope is helpful for people to understand what that all was. And part of that call that he made to me, the afternoon before the debate, was to wish me luck. But also to talk about something that was more in his interest that it was in mine, especially in the context of the time, but let me also say this that a large part of why this book has been written, and why I wrote it, is I want to remind the American people. And there's so many stories I tell about in those 107 days, being with tens of thousands of people, Michael. People who seemingly have nothing in common. Who had enthusiasm and optimism and hope about the future of our country. And — and I talk about it now and always, we are living in very dark times. These are troubling times. And I hope and pray that when people read this book, they will remember the light that they had that cannot be diminished by the outcome of one election, or the — the existence of one individual. That light exists in all of us, and we have to see it in each other and let that propel us through these dark days.

STRAHAN: And we see — we see your passion for politics. We see your passion for the country. You ruled out your run for governor of California.

HARRIS: Correct. That's correct.

STRAHAN: Are you ruling out a run — or what would you — are you ruling out a run for president in 2028?

HARRIS: I'm not focused on that right now. I'm really not. I am really excited about my book tour.

STRAHAN: Do you think this book —

HARRIS: I'm excited about being out of listening to folks. I think it's important to listen —

STRAHAN: — mmhmm —

HARRIS: — and elevate people's voices. You know, there's — there's such — I — when I'm out and about, I can't tell you the amount of people that come up to me crying.

STRAHAN: Well, did you – to you think that writing this book could have burned some bridges though, that could help you politically?

HARRIS: No. And that's not my intention, and I hope not. I — you know, if you are talking about in the — the — the chatter about who I talk about — I — we have nothing but stars as far as I'm concerned in the party. I talk glowingly about who they are and what they're contributing. And, frankly, I think part of the problem we have right now in terms of the punditry is to suggest that we are waiting for a messiah and a savior. And the saving message instead of seeing that we actually have a lot of stars who are doing good work pushing back, but also what we stand for. And I think it's time that we also recognize that that is counterproductive to keep saying who is the one, instead of seeing in front of us how — how rich we are in terms of talent and let's support that.

STRAHAN: Alright. They'll support that and see if people will be supporting you if you announce you running in 2028.

HARRIS: Oh, my goodness. I'm — I'm — just by the book. Just buy the book [LAUGHS]

STRAHAN: Alright. Former Vice President Kamala Harris, thank you. Thank you so much. And yes, go out and buy the book. It is a great read. *107 Days* is available now.